

Week 20 – Faith

Day 1

Faith - Definition

Belief in something with no visual proof.

Faith - Quote

“The only thing that stands between a man and what he wants from life is often merely the will to try it and the faith to believe it is possible.” Richard M. DeVos

Demonstration:

For each day of the week, give yourself either “+” if you demonstrate this quality or “-” if you do not.

M_____ T_____ W_____ Th_____ F_____ Sa_____ Su_____

My Goals for the Week:

+	

What do you have faith in? Why?

What causes you lose faith?

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Day 2

Wheelbarrow

In the early 20th century, a young man in Albany, New York, posted hand bills throughout the town declaring he would walk across the gorge at the edge of town. He would walk across the gorge on nothing but a cable and while walking would push a wheelbarrow. Many in the town came out; most just from a morbid curiosity. Before the young man started across the gorge, he asked how many believed he could push the wheelbarrow across on the cable. Not a single response. Without hesitation, the young man deftly pushed the wheelbarrow across. When he was on the other side he yelled at the crowd, "How many believe I can push it back across?" Almost the entire crowd chanted, "We believe!" "We believe!" The young man signaled for quiet and asked, "Who will ride in the wheelbarrow?"

Having faith to get in the wheelbarrow means you are BE LIVING the choices we have worked to develop up to this point. You might say the choice of faith gives us our mid-term exam to see how we are doing. It allows you to see if you are putting your choices into your daily life or if you are just talking. True faith has works with it and the works produce fruit. By this time in the program you should be seeing improvements in YOU. People around you should be noticing improvements in your choices. If not, we need to examine if we are in the wheelbarrow or if we are just yelling, "We believe."

It takes a great deal of faith to get in the wheelbarrow. On the other side of the canyon is a better you. You have to have faith that if you commit to these lessons, we will get YOU to the YOU that YOU would love to be. You either become a BE LIVING person or all you do is stand at the bottom and yell. Participant or cheerleader, you choose.

Explain how "believing" means "be living".

What does "Get in the wheelbarrow!" mean to you?

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Day 3

Noah

We all know the story of Noah from the book of Genesis in the Bible. He is described as a man of great faith. God instructed Noah to build an ark for his family and the animals of the world because a flood was going to destroy the world. God was very specific with what Noah was to build. It took Noah over 100 years to complete the ark.

One can only imagine the ridicule that Noah suffered from the people watching him build the ark. Yet his faith never wavered, and he continued to build the ark and follow God's instructions. When the ark was completed and Noah's family and all of the animals were on board, the floods came and destroyed the world. Because of Noah's faithfulness, his family was saved and the earth could begin again.

Describe in your own words the “faith” of Noah.

To have faith, we must often obey. Why?

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Day 4

4 Parts of Faith

1. Knowledge
2. Belief
3. Commitment
4. Behavior

Using the areas that you write your goals, write the 4 parts of faith for each. (The first is done for you.)

School/Academics

1. Knowledge - Know that it is good to get an education.
2. Belief - Spell it out "Be living". Live as if academics are important by how you spend your time and effort.
3. Commitment - Plan your time based on academic needs first.
4. Behavior - Do what you believe in. Do the work.

Athletics

1. Knowledge _____
2. Belief _____
3. Commitment _____
4. Behavior _____

Career

1. Knowledge _____
2. Belief _____
3. Commitment _____
4. Behavior _____

Marriage

1. Knowledge _____
2. Belief _____
3. Commitment _____
4. Behavior _____

Family

1. Knowledge _____
2. Belief _____
3. Commitment _____
4. Behavior _____

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Day 5

Evaluate Your Week

We've been focused on "Faith" this week, how did you do? For every goal not met, explain what happened and what you can do differently next week to have success.

If you completed goals, what did you learn?

Write down in complete sentences, something that you learned about "Faith" this week.

Of the three stories, "The Wheelbarrow", "Noah", "The 4 Parts of Faith", which had the greatest impact on you? Why?

Demonstration:

For each day of the week, give yourself either "+" if you demonstrated this quality or "-" if you did not.

M_____ T_____ W_____ Th_____ F_____ Sa_____ Su_____