



## **Week 3 - Selfless**

### **Day 2**

#### **Ryan Hinch – The Center**

I have often been asked who my favorite player was. Most coaches have a stock answer of not being able to single out one player. I am different in this respect; I definitely have a favorite. My favorite player was a young man named Ryan Hinch and he played on the 1990 5A Big School Texas State Champion. Ryan played quarterback during his middle school football career. We were about to begin our 1990 football season. We felt we were set in almost every position except center on the offensive line. I really believed that Ryan could be our center for several reasons even though he was only 5'9" and 150 pounds and had never played center. I decided to ask him if he would be willing to change positions. What a drastic change that would be, from a glorious position to one of anonymity. Ryan was only a sophomore and would be starting on the varsity. Beside him at guard would be the previous year's starting center. I never moved a player without visiting with him first and giving him my reasons. I never got the chance to give my reasoning. When I asked him, his response will never be forgotten. "I feel it is your job to place me where I will help the team the most and it is my job to come every day and give my all." The undersized, underclassman Ryan Hinch started and played all 16 games as our team became champions. Opposing coaches would often stack their best players against Ryan when they saw his size and class. He played one game against a player who would eventually play years in the NFL. He was the cornerstone of a great offensive line that had a 2000-yard rusher and gave up only 7 sacks in 16 games.

**What did being selfless cost Ryan Hinch?**

**What was the reward?**

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#### **Vietnam Brothers**

During the evacuation of Saigon in the last days of the Vietnam War, a little Vietnamese boy's 12 year-old brother brought him into an army medical unit. The little boy was in serious need of a blood transfusion. Without it he would probably die. The doctors spoke no Vietnamese and the boy spoke no English. The doctor goes to the young boy and tries to explain that he needed him as the blood donor so the other boy could live. He laid the boy on a gurney beside his brother and started the transfusion. Later he returned, and the little boy seemed to be mending, but the boy was crying quietly. They finally found an interpreter and asked the boy what was wrong with him. He responded, "When do I die?" The boy had thought they were taking all of his blood in order to save his brother. He had willingly allowed them to do what he thought would kill him in order to save his brother.

**What would the brother do if he had been selfish?**

**What you give, you will always have. What you keep, you will never be able to give. What do these statements mean to you with regard to being selfless?**

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### **Day 4**

#### **The Cold Within**

Six men were trapped by circumstances in bleak and bitter cold  
Each one possessed a stick of wood, or so the story's told.  
The dying fire in need of logs, the first man held his back  
Because of faces round the fire, he noticed one was black.  
The second man saw not one of his own local church  
And couldn't bring himself to give the first his stick of birch.  
The poor man sat in tattered clothes and gave his coat a hitch  
Why should he give up his log to warm the idle rich?  
The rich man sat and thought of all the wealth he had in store  
And how to keep what he had earned from the lazy, shiftless poor.  
The black man's face spoke revenge and the fire passed from his sight  
Because he saw in his stick of wood a chance to spite the white.  
The last man of this forlorn group did naught except for gain,  
Only to those who gave to him was how he played the game.  
Their logs held tight in death's still hands was proof of human sin.  
They didn't die from the cold without; they died from the cold within.

Anonymous

**Why did the men compete?**

**What was the cost?**

**What if the first man had cooperated?**

**What can you learn from this?**

# Week 3 - Selfless

## Day 5

### Evaluate Your Week

We've been focused on "Selfless" this week, how did you do? For every goal not met, explain what happened and what you can do differently next week to have success.

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If you completed goals, what did you learn?

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Write down in complete sentences, something that you learned about being "selfless" this week.

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Of the three stories, "Ryan Hinch", "Vietnam Brothers", and "The Cold Within", which had the greatest impact on you? Why?

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### Demonstration:

For each day of the week, give yourself either "+" if you demonstrated this quality or "-" if you did not.

M \_\_\_\_\_ T \_\_\_\_\_ W \_\_\_\_\_ Th \_\_\_\_\_ F \_\_\_\_\_ Sa \_\_\_\_\_ Su \_\_\_\_\_