



## **Week 28-Motivated Day 2**

### **Working on the Railroad**

Many years ago, on an extremely hot day, a crew of men was working on the railbed of the railroad when they were interrupted by a slow-moving train. The train ground to a stop and a window in the last car, which incidentally, was custom-made and air-conditioned, was raised. A booming, friendly voice called out, "Dave, is that you?" Dave Anderson, the crew chief, called back, "Sure is, Jim. It's really good to see you!" With that pleasant exchange, Dave Anderson was invited to join Jim Murphy, the president of the railroad, for a visit. For over an hour, the men exchanged pleasantries and then shook hands warmly as the train pulled out.

Dave Anderson's crew immediately surrounded him and everyone expressed astonishment that he knew Jim Murphy, the president of the railroad as a personal friend. Dave then explained that over 20 years earlier he and Jim Murphy had started to work for the railroad on the same day. One of the men, half-jokingly and half-seriously, asked Dave why he was still working out in the hot sun and Jim Murphy had gotten to be president.

Rather wistfully, Dave explained, "Twenty-three years ago, I went to work for \$1.75 an hour and Jim Murphy went to work for the railroad."

**One man is motivated to build something great. The other man is motivated by money. Why the difference?**

**Why is money not a good motive? Explain in your own words.**

**Money can buy you a house but not a home, a bed but not a good night's sleep, pleasure buy not happiness, followers but not friends.**

## **Week 28 - Motivated**

### **Day 3**

#### **Is Skiing Fun?**

The man and his teenage son took a trip and decided to snow ski. "We don't need lessons," bragged the son, "let's just go!" The young man picked up the skills quickly and easily. Within hours the son was skiing. Not so for the father. At the end of the day, the dad was exhausted, bruised and defeated. Had he not been with his son and not willing to be a bad example, he would have quit.

Father and son began the second day. The son was skiing, and the dad was falling. Finally, on the third day, the dad finally got it. He got up and stayed up on his skis. No greater feeling in the world.

The problem with so many people is they quit before they ever "get up". To have fun, be happy, enjoy, means working at a skill until you can "get up". For some people it takes longer than others to "get up". Everyone can do it; it's just a matter of time and determination.

#### **What does it take to "get up"?**

#### **Why do you think so many people never "get up"?**

## **Week 28 - Motivated**

### **Day 4**

#### **It's in your Hands**

Legend has it there lived in Venice, Italy an old man who was a genius and could answer any question given to him. Two young local boys thought they could get the best of him. One of the boys caught a small bird in his hands. They went to the wise old man and asked if the bird was alive or dead. Without hesitation, the wise man explained to the boys, "If I tell you the bird is alive, you will crush and kill it. If I tell you the bird is dead, you will release it and let it fly away." He said further, "So you, young man, hold the power of life and death in your hands."

It is the same with us. Our hands hold the power of life and death, success and failure, wins and losses. Our hands must be used, but with goodness and for the right things.

**What is in your hands?**

**What will you do with what you have been given?**

# Week 28-Motivated

## Day 5

### Evaluate Your Week

We've been focused on "Motivated" this week, how did you do? For every goal not met, explain what happened and what you can do differently next week to have success.

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If you completed goals, what did you learn?

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Write down in complete sentences, something that you learned about "Motivated" this week.

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Of the three stories, "Working on the Railroad", "Is Skiing Fun?", "It's In Your Hands", which had the greatest impact on you? Why?

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### Demonstration:

For each day of the week, give yourself either "+" if you demonstrated this quality or "-" if you did not.

M \_\_\_\_\_ T \_\_\_\_\_ W \_\_\_\_\_ Th \_\_\_\_\_ F \_\_\_\_\_ Sa \_\_\_\_\_ Su \_\_\_\_\_