# Week 32-Success Day 1

#### Success - Definition

The more you aim at it and make it a target, the more you are going to miss it. For success, like happiness cannot be pursued, it must ensue. And it only does so as the unintended side effect on one's personal dedication to a cause greater than oneself.

### Success - Quote

During the Revolutionary War, America's fight for independence from England, George Washington and his troops were freezing at their winter quarters in Valley Forge. The Americans had not won a battle against the English. Washington sent a letter to the U.S. Congress asking for money for food and clothing. The Congress replied they would send money if Washington would guarantee success. Washington replied, "I can guarantee you something greater than success. I can guarantee you that we will deserve success."

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In your own words, explain what Washington meant with his reply to the U. S. Congress.

# Week 32 - Success Day 2

### **Baby Elephant**

When a baby elephant is born into captivity, the trainers take a one inch steel band and weld it onto the young elephant's leg. It is then connected with a heavy duty chain to a post concreted into the ground. The baby is given enough chain to go only as far as the trainers will allow. The baby elephant knows no boundaries and takes off to explore the world. When it reaches the end of the chain it is immediately jerked off its feet. Undaunted, it takes off again, only to end up with the same results. When you go to a circus you could find the largest and strongest animal on earth secured only by a rope wrapped around a stake driven into the ground. The elephant can go until the rope tightens and then it stops. It is mentally within the parameters of where it can go.

What are the ropes that are placed around your legs to prevent success?

Why would people put ropes on others' legs?

# Week 32 - Success Day 3

### Eagle and the Chicken

A man found an eagle's egg and put it in a nest of a barnyard hen. The eagle hatched with the brood of chicks and grew up with them. All his life, the eagle did what the barnyard chicks did, thinking he was a barnyard chicken. He scratched the earth for worms and insects. He clucked and cackled. And he would thrash his wings and fly a few feet in the air.

Years passed and the eagle grew very old. One day he saw a magnificent bird above him in the cloudless sky. It glided in graceful majesty among powerful wind currents, with scarcely a beat of its strong golden wings. The old eagle looked in awe. "Who's that?" he asked. "That's the eagle, the king of the birds", said his neighbor. "He belongs to the sky. We belong to the earth—we're chickens.

The farmer took the eagle and climbed to the top of a mountain. He dropped the eagle off the top. The eagle looked like it would crash at the bottom until right before it hit. It then spread its wings and began to fly.

The eagle flew right back to the chicken yard and looked as if it was going to fly right back into the yard. Just before it got to the yard, the eagle regained altitude and flew off as a true eagle.

This is the way with people. No matter how many years they think of themselves as chickens, when they finally realize they are indeed eagles, they never go back to being chickens.

What does this say about who you associate with?

Why would the eagle never go back?

## Week 32-Success Day 4

#### How to be Successful

Success is based on 4 components:

- 1. Cooperate. Do not compete with teachers, coaches, parents, supervisors, bosses.
- 2. Commit to whatever you do. Do not confuse commitment with compliance. In education, athletics, business, come every day and do what you are supposed to do. This is compliance. Simply put, commitment is doing more than you are required. When you do more than you are paid to do, you will be paid more for what you do.
- 3. Maintain hope for the future. If you have hope for the future, whether it is awards or promotions, you will be empowered to do whatever is necessary to achieve success.
- 4. Keep on pumping. Realize the road to success has detours and is not easy. Keep on pumping when you have adversity.

Of these 4 components, which would be the most difficult for you to do? Why?

Of these 4 components, which would be the easiest for you to do? Why?

## Week 32-Success Day 5

### Evaluate Your Week

We've been focused on "Success" this week, how did you do? For every goal not met, explain what happened and what you can do differently next week to have success.
If you completed goals, what did you learn?
Write down in complete sentences, something that you learned about "Success" this week.
Of the three stories, "Baby Elephant", "Eagle and the Chicken", "How to be Successful", which had the greatest impact on you? Why?
Demonstration:
For each day of the week, give yourself either "+" if you demonstrated this quality or "- "if you did not.
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