

**Changing Lives, Building Character
Christian Curriculum**

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Purpose Driven

Definition

A dream is a vision, drudgery is work with no vision, a goal is a specific, measurable vision with a plan and a timetable.

Bible Verse

Now the goal of our instruction is love that comes from a pure heart, a good conscience, and a sincere faith. 1 Timothy 1:5

Context

The first problem the early church had was integrating one of the most important issues; are we saved by grace as a free gift, or by the good works we do? The Apostle Paul was interpreted, or rather misinterpreted as saying, you are saved by grace through faith, so what you do does not matter. James, the Lord's brother, the head of the church Jerusalem, wrote this letter to correct that misinterpretation. We are saved by grace through faith, but created to do good works.

Story

James 2:20-26

You foolish man, do you want evidence that faith without deeds is useless?" Was not our ancestor Abraham considered righteous for what he did when he offered his son Isaac on the altar? You see that his faith and his actions were working together, and his faith was made complete by what he did. And the scripture was fulfilled that says, "Abraham believed God, and it was credited to him as righteousness," and he was called God's friend. You see that a person is justified by what he does and not by faith alone. In the same way, was not even Rahab the prostitute considered righteous for what she did when she gave lodging to the spies and sent them off in a different direction? As the body without the spirit is dead, so faith without deeds is dead.

Questions

1. What is your purpose as a Christian?
2. What deeds show your faith?
3. If you have sincere faith, what will be your works?
4. "What you do is so loud I cannot hear what you say." Ralph Waldo Emerson

How does this quote fit with being purpose driven?

5. Is your salvation based on works or faith?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself

according to the definition of being “purpose driven”?

What can you do to improve this quality?

Commitment

Definition

Commitment is defined by how you spend your money and time.

Bible Verse

Commit your activities to the Lord, and your plans will be established. Proverbs 16:3

Context

Earlier God made a covenant with Abraham, and Abraham trusted God. He believed that God would live up to His promise, that through his seed, Isaac, the nations of the earth would be blessed. In this story God tested Abraham's faith.

Story

Genesis 22:1-19

Sometime later God tested Abraham. He said to him, "Abraham!" "Here I am," he replied. Then God said, "Take your son, your only son, Isaac, whom you love, and go to the region of Moriah. Sacrifice him there as a burnt offering on one of the mountains I will tell you about." Early the next morning Abraham got up and saddled his donkey. He took with him two of his servants and his son Isaac. When he had cut enough wood for the burnt offering, he set out for the place God had told him about. On the third day Abraham looked up and saw the place in the distance. He said to his servants, "Stay here with the donkey while I and the boy go over there. We will worship and then we will come back to you." Abraham took the wood for the burnt offering and placed it on his son Isaac, and he himself carried the fire and the knife. As the two of them went on together, Isaac spoke up and said to his father Abraham, "Father?" "Yes, my son?" Abraham replied. "The fire and wood are here," Isaac said, "but where is the lamb for the burnt offering?" Abraham answered, "God himself will provide the lamb for the burnt offering, my son. And the two of them went on together.

When they reached the place God had told him about, Abraham built an altar there and arranged the wood on it. He bound his son Isaac and laid him on the altar, on top of the wood. Then he reached out his hand and took the knife to slay his son. But the angel of the Lord called out to him from heaven, "Abraham! Abraham!" "Here I am," he replied. "Do not lay a hand on the boy," he said, "Do not do anything to him. Now I know that you fear God, because you have not withheld from me your son, your only son. Abraham looked up and there in a thicket he saw a ram caught by its horns. He went over and took the ram and sacrificed it as a burnt offering instead of his son. So Abraham called that place The Lord Will Provide. And to this day it is said, "On the mountain of the Lord it will be provided. The angel of the Lord called to Abraham from heaven a second time and said, "I swear by myself, declares the Lord, that because you have done this and have not withheld your son, your only son, I will surely bless you and make your descendants as numerous as the stars in the sky and as the sand on the seashore. Your descendants will take possession of the cities of their enemies, and through your offspring all nations on earth will be blessed, because you have obeyed me." Then Abraham returned to his servants, and they set off together for Beersheba. And Abraham stayed in Beersheba.

Questions

1. What was Abraham's commitment?
2. Abraham's willingness to sacrifice Isaac was a precedent for what?
3. God made a commitment to Abraham. What was it?
4. What commitment does God make to you?
5. What commitment do you need to make to God?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being "committed"?

What can you do to improve this quality?

Selfless

Definition

Having little concern for oneself, unselfish.

Bible Verse

Jesus said, "Father, forgive them for they do not know what they are doing." And they divided up his clothes by casting lots. Luke 23:34

Context

Stephen was elected to serve as a deacon so the apostles could focus upon prayer and the word. He began to herald the gospel like Peter did; he did not pull punches, but confronted the Jews because they had murdered Jesus, the Christ.

Story

Acts 7:51-60

"You stiff-necked people, with uncircumcised hearts and ears! You are just like your fathers: You always resist the Holy Spirit! Was there ever a prophet your fathers did not persecute? They even killed those who predicted the coming of the Righteous One. And now you have betrayed and murdered him- you who have received the law that was put into effect through angels but have not obeyed it."

When they heard this, they were furious and gnashed their teeth at him. But Stephen, full of the Holy Spirit, looked up to heaven and saw the glory of God, and Jesus standing at the right hand of God. "Look," he said, "I see heaven open and the Son of Man standing at the right hand of God." At this they covered their ears and, yelling at the top of their voices, they all rushed at him, dragged him out of the city and began to stone him. Meanwhile, the witnesses laid their clothes at the feet of a young man named Saul. While they were stoning him, Stephen prayed, "Lord Jesus, receive my spirit." Then he fell on his knees and cried out, "Lord, do not hold this sin against them." When he had said this, he fell asleep.

Questions

1. Who was Stephen?
2. Why were the members of the San Hedrin so angry with Stephen?
3. How did Stephen display selflessness?
4. Can you do that?
5. Could you do that?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being "selfless"?

What can you do to improve this quality?

Responsibility

Definition

“Respond-ability” is the ability to respond. You are who you are, where you are, what you are because of the choices you have made. You can change who, what and where you are if you are willing to change your choices.

Bible Verse

“He replied, ‘I tell you that to everyone who has, more will be given, but as for the one who has nothing, even what he has will be taken away.’” Luke 19:26

Context

This parable expresses how God assesses us, both in time, and at the end of time. He has given us assets, of various kinds, which he expects us to invest so that He has a return on His investments. If we invest wisely, we receive His appreciation, and consequent rewards. But if we refuse to invest, we suffer negative consequences.

Luke 19:11-26

While they were listening to this, he went on to tell them a parable, because he was near Jerusalem and the people thought that the kingdom of God was going to appear at once. He said: “A man of noble birth went to a distant country to have himself appointed king and then to return. So he called ten of his servants and gave them ten minas. ‘Put this money to work,’ he said, ‘until I come back.’ “But his subjects hated him and sent a delegation after him to say, ‘We don’t want this man to be our king.’ “He was made king, however, and returned home. Then he sent for the servants to whom he had given the money, in order to find out what they had gained with it. “The first one came and said, ‘Sir, your mina has earned ten more.’ “‘Well done, my good servant!’ his master replied. ‘Because you have been trustworthy in a very small matter, take charge of ten cities.’ “The second came and said, ‘Sir, your mina has earned five more.’ “His master answered, ‘You take charge of five cities.’ “Then another servant came and said, ‘Sir, here is your mina; I have kept it laid away in a piece of cloth. I was afraid of you, because you are a hard man. You take out what you did not put in and reap what you did not sow.’ “His master replied, ‘I will judge you by your own words, you wicked servant! You knew, did you, that I am a hard man, taking out what I did not put in, and reaping what I did not sow? Why then didn’t you put my money on deposit, so that when I came back, I could have collected it with interest?’ “Then he said to those standing by, ‘Take his mina away from him and give it to the one who has ten minas.’ ““Sir,’ they said, ‘he already has ten!’ “He replied, ‘I tell you that to everyone who has, more will be given, but as for the one who has nothing, even what he has will be taken away.’”

Questions

1. What can “mina” represent?
2. How does this parable display “responsibility”?
3. What is your “mina”?
4. What does verse 26 mean to you?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being “responsible”?

What can you do to improve this quality?

Humility

Definition

A servant's attitude

Bible Verse

"Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves." Philippians 2:3

Context

The Children of Israel had rebelled against God for centuries, and God allowed them to be taken into captivity by the King of Babylonia. The Babylonians worshiped idols, false Gods, which God did not accept.

Story

Daniel 3: 8-30

At this time some astrologers came forward and denounced the Jews. They said to King Nebuchadnezzar, "O king, live forever! You have issued a decree, O king, that everyone who hears the sound of the horn, flute, zither, lyre, harp, pipes and all kinds of music must fall down and worship the image of gold, and that whoever does not fall down and worship will be thrown into a blazing furnace. But there are some Jews whom you have set over the affairs of the province of Babylon-Shadrach, Meshach and Abednego-who pay no attention to you, O king. They neither serve your gods nor worship the image of gold you have set up."

Furious with rage, Nebuchadnezzar summoned Shadrach, Meshach and Abednego. So these men were brought before the king, and Nebuchadnezzar said to them, "Is it true, Shadrach, Meshach and Abednego, that you do not serve my gods or worship the image of gold I have set up? Now when you hear the sound of the horn, flute, zither, lyre, harp, pipes and all kinds of music, if you are ready to fall down and worship the image I made, very good. But if you do not worship it, you will be thrown immediately into a blazing furnace. Then what god will be able to rescue you from my hand?" Shadrach, Meshach and Abednego replied to the king, "O Nebuchadnezzar, we do not need to defend ourselves before you in this matter. If we are thrown into the blazing furnace, the God we serve is able to save us from it, and he will rescue us from your hand, O king. But even if he does not, we want you to know, O king, that we will not serve your gods or worship the image of gold you have set up."

Then Nebuchadnezzar was furious with Shadrach, Meshach and Abednego, and his attitude toward them changed. He ordered the furnace heated seven times hotter than usual and commanded some of the strongest soldiers in his army to tie up Shadrach, Meshach and Abednego and throw them into the blazing furnace. So these men, wearing their robes, trousers, turbans and other clothes, were bound and thrown into the blazing furnace. The king's command was so urgent and the furnace so hot that the flames of the fire killed the soldiers who took up Shadrach, Meshach and Abednego, and these three men, firmly tied, fell into the blazing furnace.

Then King Nebuchadnezzar leaped to his feet in amazement and asked his advisers, "Weren't there

three men that we tied up and threw in the fire?" They replied, "Certainly, O king." He said, "Look! I see four men walking around in the fire, unbound and unharmed, and the fourth looks like a son of the gods." Nebuchadnezzar then approached the opening of the blazing furnace and shouted, "Shadrach, Meshach and Abednego, servants of the Most High God, come out! Come here!" So, Shadrach, Meshach and Abednego came out of the fire, and the satraps, prefects, governors and royal advisers crowded around them. They saw that the fire had not harmed their bodies, nor was a hair of their heads singed; their robes were not scorched, and there was no smell of fire on them.

Then Nebuchadnezzar said, "Praise be to the God of Shadrach, Meshach and Abednego, who has sent his angel and rescued his servants! They trusted in him and defied the king's command and were willing to give up their lives rather than serve or worship any god except their own God. Therefore I decree that the people of any nation or language who say anything against the God of Shadrach, Meshach and Abednego be cut into pieces and their houses be turned into piles of rubble, for no other god can save in this way. Then the king promoted Shadrach, Meshach and Abednego in the province of Babylon.

Questions

1. Why were Shadrach, Meshach and Abednego placed in the furnace?
2. They felt God would rescue them but if they were not rescued, they would continue to worship their God. Compare this to someone with a terminal illness.
3. Who do you think was the fourth man in the furnace?
4. Who is always with us in the "furnace" times?
5. How did these three men demonstrate humility?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being "humble"?

What can you do to improve this quality?

Hardworking

Definition

Hardworking is the quality of repeated persistent laboring in order to achieve an objective.

Bible Verse

“Now we ask you, brothers, to respect those who work hard among you, who are over you in the Lord and who admonish you.” 1 Thessalonians 5:12

Context

Solomon, one of King David’s sons, was anointed King of Israel at a fairly young age. He recognized that the job was bigger than he was. When he had a personal encounter with God, God asked Solomon what he wanted. Solomon did not ask for what would benefit himself, he asked God to give him a listening heart, wisdom, and Solomon became a wise man. Solomon wrote the book of Proverbs.

Questions

1. Read the following verses. What are some of the results of hard work and the corresponding results of laziness in our own lives?
 - A) Proverbs 10:4
 - B) Proverbs 12:11
 - C) Proverbs 6:10-11
 - D) Proverbs 24:30-34
 - E) Proverbs 15:19
 - F) Proverbs 13:4
 - G) Proverbs 12:24
 - H) Proverbs 22:29
2. Read the following proverbs and write the effect our laziness has on others
 - A) Proverbs 10:26
 - B) Proverbs 10:5
 - C) Proverbs 18:9

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being “hardworking”?

What can you do to improve this quality?

Positive Mental Attitude

Definition

The ability to be positive in any and all circumstances. The person with this quality sees the glass as half full.

Bible Verse

"His mother said to the servants, "Do whatever He tells you." John 2:5

Context

The story is the first miracle Jesus performed at the beginning of His ministry.

Story

John 2:1-11

On the third day a wedding took place at Cana in Galilee. Jesus' mother was there, and Jesus and his disciples had also been invited to the wedding. When the wine was gone, Jesus' mother said to him, "They have no more wine." "Dear woman, why do you involve me? Jesus replied. "My time has not yet come." His mother said to the servants, "Do whatever He tells you." Nearby stood six stone water jars, the kind used by the Jews for ceremonial washing, each holding from twenty to thirty gallons. Jesus said to the servants, "Fill the jars with water; so they filled them to the brim. Then he told him, "Now draw some out and take it to the master of the banquet." They did so, and the master of the banquet tasted the water that had been turned into wine. He did not realize where it had come from, though the servants who had drawn the water knew. Then he called the bridegroom aside and said, "Everyone brings out the choice wine first and then the cheaper wine after the guests have had too much to drink; but you have saved the best till now." This, the first of his miraculous signs, Jesus performed at Cana in Galilee. He thus revealed his glory, and his disciples put their faith in him.

Questions

1. What did Mary ask of Jesus?
2. Why did she know He could do it?
3. Mary demonstrated Positive Mental Attitude. Why?
4. Why should you have Positive Mental Attitude?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of having a "positive mental attitude"?

What can you do to improve this quality?

Self Respect

Definition

One's self image is the portrait a person has of himself.

Bible Verse

That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong. 2 Corinthians 12:10

Context

God used Paul to start the Corinthian church. Other people came to Corinth and told Paul's converts that Paul was a second-class apostle and could not be trusted. And they preached a different gospel than Paul preached. Paul wanted to protect his converts, but he had instructed the Christians not to boast in themselves, which was a manifestation of pride, but to boast in what Jesus was and what He did. The following is the way Paul defended his ministry to the Corinthians.

Story

2 Corinthians 12:1-10

"I must go on boasting. Although there is nothing to be gained, I will go on to visions and revelations from the Lord. I know a man in Christ who fourteen years ago was caught up in the third heaven. Whether it was in the body or out of the body I do not know-God knows. And I know that this man-whether in the body or apart from the body I do not know, but God knows-was caught up to paradise. He heard inexpressible things, things that man is not permitted to tell. I will boast about a man like that, but I will not boast about myself, except about my weaknesses. Even if I should choose to boast, I would not be a fool, because I would be speaking the truth. But I refrain, so no one will think more of me than is warranted by what I do or say. To keep me from becoming conceited because of these surpassingly great revelations, there was given me a thorn in my flesh, a messenger of Satan, to torment me. Three times I pleaded with the Lord to take it away from me. But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore, I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

Questions

1. Who does Paul credit for his self-respect?
2. What would be your "thorn in the flesh"?
3. How should you deal with your "thorn in the flesh"?
4. Being persecuted for witnessing for Christ can cause you problems. How does Paul recommend you deal with it?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of having "self-respect"?

What can you do to improve this quality?

Disciplined

Definition

Doing what is right or necessary, no matter the circumstances or consequences.

Bible Verse

*Whoever loves discipline loves knowledge, but one who hates correction is stupid.
Proverbs 12:1*

Context

Paul's letter to the Philippians was not like his other letters, which were written to address some of the problems that church was having. It was written as a way of saying "Thank You" for the blessing that they had been to him. Hence, this paragraph, better than any of his writings, helps us understand the mind of Christ, which mature Christians are expected to develop.

Story

Philippians 2:1-11

"If you have any encouragement from being united with Christ, if any comfort from his love, if any fellowship with the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and purpose. Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interests, but also to the interests of others. Your attitude should be the same as that of Christ Jesus: Who, being in very nature God, did not consider equality with God something to be grasped, but made himself nothing, taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself and became obedient to death—even death on a cross! Therefore, God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

Questions

1. How do these verses demonstrate discipline?
2. List the major quality of discipline?
3. Being disciplined is being a servant. What can you do to be a servant?
4. What are the benefits gained if you are being a servant?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being "disciplined"?

What can you do to improve this quality?

Dedicated

Definition

Devoted to some cause or work.

Bible Verse

*It is a trap for anyone to dedicate something rashly and later to reconsider his vows.
Proverbs 20:25*

Context

Nehemiah was putting himself at risk. In ancient Babylonia you did not approach the king unless you were 1st summoned. You did not burden him with your own concerns. But Nehemiah did, at the risk of his own life.

Story

Nehemiah 2: 1-10

In the month of Nisan in the twentieth year of King Artaxerxes, when wine was brought for him I took the wine and gave it to the king. I had not been sad in his presence before; so the king asked me, "Why does your face look so sad when you are not ill? This can be nothing but sadness of heart." I was very much afraid, but I said to the king, "May the king live forever! Why should my face not look sad when the city where my fathers are buried lies in ruins, and its gates have been destroyed by fire?" The king said to me, "What is it you want?" Then I prayed to the God of heaven, and I answered the king, "If it pleases the king and if your servant has found favor in his sight, let him send me to the city in Judah where my fathers are buried so that I can rebuild it." Then the king, with the queen sitting beside him, asked me, "How long will your journey take, and when will you get back?" It pleased the king to send me; so I set a time. I also said to him, "If it pleases the king, may I have letters to the governors of Trans-Euphrates, so that they will provide me safe-conduct until I arrive in Judah? And may I have a letter to Asaph, keeper of the king's forest, so he will give me timber to make beams for the gates of the citadel by the temple and for the city wall and for the residence I will occupy? And because the gracious hand of my God was upon me, the king granted my requests.

So I went to the governors of Trans-Euphrates and gave them the king's letters. The king had also sent army officers and cavalry with me. When Sanballat and Horonite and Tobiah the Ammonite official heard about this, they were very much disturbed that someone had come to promote the welfare of the Israelites.

Questions

1. Why did the king ask what was wrong with Nehemiah?
2. What was the penalty that Nehemiah risked by asking what he did?
3. What did Nehemiah dedicate himself to do?
4. What was Nehemiah's plan?
5. Were the obstacles to Nehemiah's plan identified?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being “dedicated”?

What can you do to improve this quality?

Dependable

Definition

Fulfilling what you agree in the face of unexpected sacrifice.

Bible Verse

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness. 2 Timothy 3:16

Context

Joseph was betrothed to Mary. To be betrothed was not like being engaged, but being married. You had to get a divorce to sever the relationship. The betrothed were expected to remain celibate, but Mary was pregnant. People thought she had committed adultery, so Joseph was going to divorce Mary.

Story

Matthew 1: 18-25

This is how the birth of Jesus Christ came about: His mother Mary was pledged to be married to Joseph, but before they came together, she was found to be with child through the Holy Spirit. Because Joseph, her husband, was a righteous man and did not want to expose her to public disgrace, he had in mind to divorce her quietly. But after he had considered this, an angel of the Lord appeared to him in a dream and said, "Joseph, son of David, do not be afraid to take Mary home as your wife, because what is conceived in her is from the Holy Spirit. She will give birth to a son, and you are to give him the name Jesus, because he will save his people from their sins. All this took place to fulfill what the Lord had said through the prophet:

"The virgin will be with child and will give birth to a son, and they will call him Immanuel"- which means, "God with us."

When Joseph woke up, he did what the angel of the Lord had commanded him and took Mary home as his wife. But he had no union with her until she gave birth to a son. And he gave him the name Jesus.

Questions

1. Why could you say that Joseph was dependable?
2. What was the problem he faced?
3. How was the problem solved?
4. How does Joseph demonstrate the definition of being dependable?
5. "Ability is important. Dependability is critical." Zig Ziglar Explain what this quote means to you.

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being "dependable"?

What can you do to improve this quality?

Persistent

Definition

Willing to continue after others have quit.

Bible Verse

Rejoice in hope; be patient in affliction; be persistent in prayer. Romans 12:12

Context

Jesus gave the Canaanite mother a hard time, were not certain why. He had previously ministered to and healed people who were not Jews, so why did He resist ministering to her daughter? Did she need to learn how to overcome obstacles and not give up?

Story

Matthew 15: 21-28

Leaving that place, Jesus withdrew to the region of Tyre and Sidon. A Canaanite woman from that vicinity came to him crying out, "Lord, Son of David, have mercy on me! My daughter is suffering terribly from demon-possession." Jesus did not answer a word. So, his disciples came to him and urged him, "Send her away, for she keeps crying out after us." He answered, "I was sent only to the lost sheep of Israel." The woman came and knelt before him, "Lord, help me!" she said. He replied, "It is not right to take the children's bread and toss it to their dogs." "Yes, Lord," she said, "but even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered, "Woman, you have great faith! Your request is granted." And her daughter was healed from that very hour.

Questions

1. Who were the "lost sheep of Israel"?
2. Why did the disciples not want Jesus to help the Canaanite woman?
3. How did she demonstrate persistence?
4. How should your prayer life demonstrate persistence?
5. What was the result of the Canaanite woman's persistence?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being "persistent"?

What can you do to improve this quality?

Learner

Definition

Desiring to gain more knowledge

Bible verse

“The fear of the Lord is the beginning of wisdom, and knowledge of the Holy One is understanding.” Proverbs 9:10

Context

The word disciple means, “a learner”. Jesus proclaimed to gospel to recruit people to help Him do his job; He wanted the kind of people who would make a difference.

Story

Mark 4:3-8

“Listen! A farmer went out to sow his seed. As he was scattering the seed, some fell along the path, and the birds came and ate it up. Some fell on rocky places, where it did not have much soil. It sprang up quickly, because the soil was shallow. But when the sun came up, the plants were scorched, and they withered because they had no root. Other seed fell among thorns, which grew up and choked the plants, so that they did not bear grain. Still other seed fell on good soil. It came up grew and produced a crop, some multiplying thirty, some sixty, some a hundred times.”

Questions

1. Who or what are the “birds”?
2. What is the root?
3. Who or what are the “thorns”?
4. Who or what is the “crop”?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of “learner”?

What can you do to improve this quality?

Tolerance

Definition

Ability to effectively work and live with all people

Bible verse

“Do not judge, so that you won’t be judged.” Matthew 7:1

Context

The Jews despised the Samaritans, and the Samaritans the Jews. When Jews who lived in Galilee went to Jerusalem, which they did 3 times a year, instead of taking the shortest path, which passed through Samaria, they crossed over the Jordan River, walked down the east side of the river, and cross back over – just so they didn’t have to see or talk with the Samaritans.

Story

Luke 10:30-37

“In reply Jesus said: “A man was going down from Jerusalem to Jericho, when he was attacked by robbers. They stripped him of his clothes, beat him and went away, leaving him half dead. A priest happened to be going down the same road, and when he saw the man, he passed by on the other side. So too, a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he traveled, came where the man was; and when he saw him he took pity on him. He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him. The next day he took out two denarii and gave them to the innkeeper. ‘Look after him,’ he said, ‘and when I return, I will reimburse you for any extra expense you may have.’ “Which of these three do you think was a neighbor to the man who fell into the hands of robbers?” The expert in the law replied, “The one who had mercy on him.” Jesus told him, “Go and do likewise.”

Questions

1. Why did the priest and the Levite pass the man by?
2. Who do you compare the Samaritan with today?
3. What do you know about the Samaritan?
4. Who was the man’s neighbor and why?
5. What can you learn from this story?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of “tolerance”?

What can you do to improve this quality?

Loving

Definition

Willing to give up self for someone or something.

Bible verse

“Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. The second is this: ‘Love your neighbor as yourself.’ There is no commandment greater than these.” Mark 12:30-31

Context

God does not look at things the same way we do. Man looks upon appearance, God looks upon the heart.

Story

Mark 12: 41-44

Jesus sat down opposite the place where the offerings were put and watched the crowd putting their money into the temple treasury. Many rich people threw in large amounts. But a poor widow came and put in two very small copper coins, worth only a few cents. Calling his disciples to him, Jesus said, “Truly I tell you, this poor widow has put more into the treasury than all the others. They all gave out of their wealth; but she, out of her poverty, put in everything—all she had to live on.”

Questions

1. Who was most loving?
2. How did the widow express her love?
3. Love has 3 parts: commitment, risk, behavior. How did the widow show each of these parts?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of “loving”?

What can you do to improve this quality?

Common Sense

Definition

“Taking the trouble to think out what you are doing and what is likely to come of it.” C.S. Lewis

Bible verse

“If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.” James 1:5

Context

Solomon was a young man when this story happened. He had just become king, and didn't think he could do his job well, so he humbly asked God to give him a listening heart so he could become wise and do the job God gave him to do. This is the first thing that happened after God gave Solomon “common sense.”

Story

1 Kings 3: 16-28

Two women lived together, and each gave birth to a son three days apart. One of the babies died. His mother exchanged her dead son for the living while the other woman slept. Upon waking and finding the dead baby, she realized that he was not her son. The two women appeared before King Solomon, who was to decide who the mother was of the living baby.

Then the king said, “Bring me a sword.: So they brought a sword for the king.

He then gave an order: “Cut the living child in two and give half to one and half to the other.” The woman whose son was alive was deeply moved out of love for her son and said to the king, “Please, my lord, give her the living baby! Don't kill him!” But the other said, “Neither I nor you shall have him. Cut him in two!” Then the king gave his ruling: “Give the living baby to the first woman. Do not kill him; she is his mother.” When all Israel heard the verdict the king had given, they held the king in awe, because they saw that he had wisdom from God to administer justice.

Questions

1. Was Solomon going to kill the baby?
2. Why did Solomon say this?
3. Why did Solomon choose the first woman?
4. How does this demonstrate C.S. Lewis' definition of common sense?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of “common sense”?

What can you do to improve this quality?

Communicator

Definition

“Don’t talk unless you can improve the silence.” Jorge Luis Borges

Bible verse

*“For by your words you will be acquitted, and by your words you will be condemned.”
Matthew 12:37*

Context

Prayer is our way of communicating with God.

Story

Matthew 6:8-13

Do not be like them for your Father knows what you need before you ask him. “This then, is how you should pray.

‘Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.’

6 steps taught in the Lord’s Prayer

1. Address God’s rightful place as the Father.
2. Worship and praise God for who He is and all that He has done.
3. Acknowledge that it is God’s will and plans are in control and not our own.
4. Ask God for the things that we need.
5. confess our sins and repent.
6. Request protection and help in overcoming sin and Satan’s attacks on us.

Questions

1. What does Matthew 6:8 say to you?
2. What must you do for this to be possible?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of “communicator”?

What can you do to improve this quality?

Gratitude

Definition

Focused and thankful for what we have; seeing the glass half full, not half empty. Gratitude is the healthiest emotion but also the least durable.

Bible verse

*“Give thanks in all circumstances; for this is God’s will for you in Christ Jesus.” I
Thessalonians 5:18*

Context

After Paul left Phillipi, where this story took place, he went to Thessalonica. Paul encouraged the Christians at Thessalonica to follow his example, because they too were being persecuted. Paul walked he talk.

Story

Acts 16: 22-35

Paul’s Experience at Phillipi

The crowd joined in the attack against Paul and Silas, and the magistrates ordered them to be stripped and beaten with rods. After they had been severely flogged, they were thrown into prison, and the jailer was commanded to guard them carefully. When he received these orders, he put them in the inner cell and fastened their feet in the stocks. About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them. Suddenly there was such a violent earthquake that the foundations of the prison were shaken. At once all the prison doors flew open, and everyone’s chains came loose.

The jailer woke up, and when he saw the prison doors open, he drew his sword and was about to kill himself because he thought the prisoners had escaped. But Paul shouted, “Don’t harm yourself! We are all here!” The jailer called for lights, rushed in and fell trembling before Paul and Silas.

He then brought them out and asked, “Sirs, what must I do to be saved?” They replied, “Believe in the Lord Jesus, and you will be saved-you and your household”. Then they spoke the word of the Lord to him and to all the others in his house.” At that hour of the night the jailer took them and washed their wounds; then immediately he and all his household were baptized. The jailer brought them into his house and set a meal before them; he was filled with joy because he had come to believe in God-he and his whole household.

When it was daylight, the magistrates sent their officers to the jailer with the order: “Release those men.”

Questions

1. What are your external circumstances?
2. How do they compare with Paul and Silas?

3. How should you react to external circumstances?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of "loving"?

What can you do to improve this quality?

Honesty

Definition

Tell the truth.

Bible verse

*“A false witness will not go unpunished, and he who pours out lies will not go free.”
Proverbs 19:5*

Context

In biblical times the book of Proverbs was used to train young people to recognize the importance of wisdom and to walk in the truth and wisdom that comes from God, not from man.

Story

Acts 5:1-11

Now a man named Ananias, together with his wife Sapphira, also sold a piece of property. With his wife's full knowledge he kept back part of the money for himself, but brought the rest and put it at the apostles' feet. The Peter said, "Ananias, how is it that Satan has so filled your heart that you have lied to the Holy Spirit and have kept for yourself some of the money you received for the land? Didn't it belong to you before it was sold? And after it was sold, wasn't the money at your disposal? What made you think of doing such a thing? You have not lied to men but to God." When Ananias heard this, he fell down and died. And great fear seized all who heard what had happened. Then the young men came forward, wrapped up his body, and carried him out and buried him.

About three hours later his wife came in, not knowing what had happened. Peter asked her, "Tell me, is this the price you and Ananias got for the land?" "Yes," she said, "that is the price." 9. Peter said to her, "How could you agree to test the Spirit of the Lord? Look! The feet of the men who buried your husband are at the door, and they will carry you out also." At the moment she fell down at his feet and died. Then the young men came in and, finding her dead, carried her out and buried her beside her husband. Great fear seized the whole church and all who heard about these events.

Questions

1. When someone tells a lie to an individual, who else knows?
2. What does verse 11 say about developing the quality of honesty?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of "honest"?

What can you do to improve this quality?

Faith

Definition

Belief in something with no visual proof.

Bible verse

*“Now faith is being sure of what we hope for and certain of what we do not see.”
Hebrews 11:1*

Context

The book of James is the book of wisdom in the New Testament. James was Jesus younger brother. He probably walked and talked with Jesus physically every day until Jesus began His ministry. No wonder he was a wise man.

Story

James 2:14-25

What good is it, my brothers, if a man claims to have faith but has not deeds?” Can such faith save him?

Suppose a brother or sister is without clothes and daily food.

If one of you says to him, “Go, I wish you well; keep warm and well fed,” but does nothing about his physical needs, what good is it? In the same way, faith by itself, if it is not accompanied by action, is dead.

But someone will say, “You have faith; I have deeds.” Show me your faith without deeds, and I will show you my faith by what I do. You believe that there is one God. Good! Even the demons believe that-and shudder. You foolish man, do you want evidence that faith without deeds is useless? Was not our ancestor Abraham considered righteous for what he did when he offered his son Isaac on the altar? You see that his faith and his actions were working together, and his faith was made complete by what he did. And the scripture was fulfilled that says, “Abraham believed God, and it was credited to him as righteousness, and he was called God’s friend. You see that a person is justified by what he does and not by faith alone.

Questions

1. What deeds show your faith?
2. Do people today shudder at the demons?
3. Abraham had faith. How do you know?
4. “What you do is so loud I cannot hear what you say.” How does this relate to having faith?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of “faith”?

What can you do to improve this quality?

Friendliness

Definition

The quality of being a friend to all.

Bible Verse

“When Jesus reached the spot, he looked up and said to him, “Zacchaeus, come down immediately. I must stay at your house tonight.” So Zacchaeus came down at once and welcomed Jesus gladly. Luke 19:5-6

Context

In Jesus day, people didn't have a meal with just anybody. They broke bread together with people they cared about, and who cared about them.

Story

Luke 19:1-6

Jesus entered Jericho and was passing through. A man was there by the name of Zacchaeus; he was a chief tax collector and was wealthy. He wanted to see who Jesus was, but being a short man, he could not, because of the crowd. So, he ran ahead and climbed a sycamore fig tree to see him, since Jesus was coming that way. When Jesus reached the spot, he looked up and said to him, “Zacchaeus, come down immediately. I must stay at your house tonight.” So, Zacchaeus came down at once and welcomed Jesus gladly.

Questions

1. How did Jesus display friendliness?
2. How did this affect Zacchaeus?
3. When do you have an opportunity to show friendliness?
4. How would you do it?
5. How does this exhibit that selflessness is a prerequisite to friendliness?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of friendliness?

What can you do to improve this quality?

Good Listener

Definition

Willingness and ability to make the speaker feel good.

Bible Verse

"Listen my son. Accept my words, and you will live many years." Proverbs 4:10

Context

A famine in the land of Israel forced Naomi's family to move to Moab for 10 years. During that time Naomi's two son's married two women from Moab, Ruth was one of them. But when Naomi's husband and the two son's died, and the famine in Israel was over, Ruth returned with Naomi to Bethlehem. Poor people were allowed to pick up the grain that the harvesters left behind. Boaz, a rich man, was one of Naomi's relatives. Ruth was King David's Grandmother

Story

Ruth 2:8-12

So Boaz said to Ruth, "My daughter, listen to me. Don't go and glean in another field and don't go away from here. Stay here with my servant girls. Watch the field where the men are harvesting, and follow along after the girls. I have told the men not to touch you. And whenever you are thirsty, go and get a drink from the water jars the men have filled. At this, she bowed down with her face to the ground. She exclaimed, "Why have I found such favor in your eyes that you notice me-a foreigner?" Boaz replied, "I've been told all about what you have done for your mother-in-law since the death of your husband-how you left your father and mother and your homeland and came to live with a people you did not know before. May the Lord repay you for what you have done. May you be richly rewarded by the Lord, the God of Israel, under whose wings you have come to take refuge."

Questions

1. Who was Boaz?
2. What was his connection to Ruth?
3. To whom did Ruth listen?
4. What did Ruth do to make Boaz listen?
5. To whom did Boaz listen?
6. What was the result of his listening?
7. What have you done that would be similar to what Ruth did?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of good listener?

What can you do to improve this quality?

Humor

Definition

The quality of being amusing or comic, especially as expressed in literature or speech.

Bible Verse

“...a time to weep and a time to laugh; a time to mourn and a time to dance...”
Ecclesiastes 3:4

Context

The Children of Israel were not sure which God to worship, the LORD or Baal. Elijah, the greatest prophet in Israel, had challenged the 450 prophets of Baal and the 400 prophets of Asherah, to prove to the people of Israel who was the true God, so they would worship and serve either the LORD, or Baal. Elijah gave the prophets of Baal the opportunity to go first.

Story

1 Kings 18:25-29

Elijah said to the prophets of Baal, “Choose one of the bulls and prepare it first, since there are so many of you. Call on the name of your god, but do not light the fire. So they took the bull given them and prepared it. Then they called on the name of Baal from morning till noon. “O Baal, answer us!” they shouted. But there was no response; no one answered. And they danced around the altar they had made. At noon Elijah began to taunt them. “Shout louder!” he said. “Surely he is a god! Perhaps he is deep in thought, or busy, or traveling. Maybe he is sleeping and must be awakened.” So they shouted louder and slashed themselves with swords and spears, as was their custom, until their blood flowed. Midday passed, and they continued their frantic prophesying until the time for the evening sacrifice. But there was no response, no one answered, no one paid attention.

Questions

1. How did Elijah use humor to honor God?
2. How can you use humor to honor God?
3. How can humor be used that would dishonor God?
4. How do you use humor?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of humor?

What can you do to improve this quality?

Loyalty

Definition

Sticking up for someone or something.

Bible Verse

Never let loyalty and faithfulness leave you. Tie them around your neck; write them on the tablet of your heart. Proverbs 3:3

Context

One of the most under appreciated attributes of all times – by those who have people who stand beside them. But do we recognize what it means to those who don't have someone to stick with them through thick and thin?

Story

1 Samuel 18:1-4

After David had finished talking with Saul, Jonathan became one in spirit with David, and he loved him as himself. From that day Saul kept David with him and did not let him return to his father's house. And Jonathan made a covenant with David because he loved him as himself. Jonathan took off the robe he was wearing and gave it to David, along with his tunic, and even his sword, his bow and his belt.

Questions

1. Who was Saul?
2. Who was Jonathan?
3. Who was David?
4. Why did Saul want to harm David?
5. Why did Jonathan keep David safe?
6. Do you have a "Jonathan"? Why or why not?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of loyalty?

What can you do to improve this quality?

Organized

Definition

To keep track of details by systematic planning.

Bible Verse

His God teaches him order, he instructs him. Isaiah 28:26

Context

In Isaiah 28:23-29, the prophet describes how God works. He does things decently and in order and instructs His people to do the same. He instructs us to plant and harvest the different crops the way that works best for that particular crop. He threshes grain, but not dill, mint and cumin, because threshing them would destroy them and make them unfit for consumption. But threshing grain is necessary to separate the wheat from the chaff so the wheat may be collected and used to make bread, but the chaff is blown away and burned up.

Story

Genesis 6:9-22

This is the story of Noah. Noah was a righteous man, blameless among the people of his time, and he walked with God. Noah had three sons: Shem, Ham and Japheth.

Now the earth was corrupt in God's sight and was full of violence. God saw how corrupt the earth had become, for all the people on earth had corrupted their ways.

So God said to Noah, "I am going to put an end to all people, for the earth is filled with violence because of them. I am surely going to destroy both them and the earth. So make yourself an ark of cypress wood; make rooms in it and coat it with pitch inside and out. This is how you are to build it: The ark is to be 450 feet long, 75 feet wide and 45 feet high. Make a roof for it and finish the ark to within 18 inches of the top. Put a door in the side of the ark and make lower, middle and upper decks. I am going to bring floodwaters on the earth to destroy all life under the heaven, every creature that has the breath of life in it. Everything on earth will perish. But I will establish my covenant with you, and you will enter the ark—you and your sons and your wife and your sons' wives with you. You are to bring into the ark two of all living creatures, male and female, to keep them alive with you. Two of every kind of bird, of every kind of animal and of every kind of creature that moves along the ground will come to you to be kept alive. You are to take every kind of food that is to be eaten and store it away as food for you and for them. Noah did everything just as God commanded him.

Questions

1. Why does Noah exemplify "being organized"?
2. How was Noah able to build the ark?
3. What "ark" is God prompting you to build?
4. How will "being organized" help you build your "ark"?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being organized?

What can you do to improve this quality?

Patient

Definition

Persevering; constant; capable of calmly awaiting on an outcome or result; not hasty or impulsive

Bible Verse

A patient person shows great understanding but a quick tempered one promotes foolishness. Proverbs 14:29

Context

Job suffered greatly and became miserable, more than most could endure, but because he did not turn away from God and continued to trust him, look what happened...

Story

Job 42

Then Job replied to the Lord:

I know that You can do all things; no plan of yours can be thwarted. You asked, "Who is this that obscures my counsel without knowledge?" Surely I spoke of things I did not understand, things too wonderful for me to know. "You said, 'Listen now, and I will speak; I will question you, and you shall answer me.' My ears had heard of you but now my eyes have seen you. Therefore I despise myself and repent in dust and ashes.

After the Lord had said these things to Job, he said to Eliphaz the Temanite, "I am angry with you and your two friends, because you have not spoken of me what is right, as my servant Job has.

So now take seven bulls and seven rams and go to my servant Job and sacrifice a burnt offering for yourselves. My servant Job will pray for you, and I will accept his prayer and not deal with you according to your folly. You have not spoken of me what is right, as my servant Job has." So Eliphaz the Temanite, Bildad the Shuhite and Zophar the Naamathite did what the Lord told them; and the Lord accepted Job's prayer.

After Job had prayed for his friends, the Lord made him prosperous again and gave him twice as much as he had before.

All his brothers and sisters and everyone who had known him before came and ate with him in his house. They comforted and consoled him over all the trouble the Lord had brought upon him, and each one gave him a piece of silver and a gold ring.

The Lord blessed the latter part of Job's life more than the first. He had fourteen thousand sheep, six thousand camels, a thousand yoke of oxen and a thousand donkeys. And he also had seven sons and three daughters. The first daughter he named Jemimah, the second Keziah and the third Keren-Happuch. Nowhere in all the land were there found women as beautiful as Job's daughters, and their father granted them an inheritance along with their brothers.

After this, Job lived a hundred and forty years; he saw his children and their children to the fourth generation. And so he died, old and full of years.

Questions

1. What were Job's trials?
2. How was he treated by his friends?
3. What was the final result of Job's patience?
4. What did you learn from this?
5. Who is in charge?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being patient?

What can you do to improve this quality?

Enthusiastic

Definition

Comes from “en theos”. God within me. Almost as if you have a spiritual form in you to allow you to be uplifting and positive in all circumstances.

Bible Verse

Now finish the work, so that your eager willingness to do it may be matched by your completion of it, according to your means. 2 Corinthians 8:11

Context

Paul was one of the most persecuted Christians of all time. He was imprisoned, stoned, beaten and flogged many times. This is but one story among many.

Story

Acts 16:22-34

The crowd joined in the attack against Paul and Silas, and the magistrates ordered them to be stripped and beaten. After they had been severely flogged, they were thrown into prison, and the jailer was commanded to guard them carefully. Upon receiving such orders, he put them in the inner cell and fastened their feet in the stocks.

About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them. Suddenly there was such a violent earthquake that the foundations of the prison were shaken. At once all the prison doors flew open, and everybody's chains came loose. The jailer woke up, and when he saw the prison doors open, he drew his sword and was about to kill himself because he thought the prisoners had escaped. But Paul shouted, "Don't harm yourself! We are all here!" The jailer called for lights, rushed in and fell trembling before Paul and Silas. He then brought them out and asked, "Sirs, what must I do to be saved?"

They replied, "Believe in the Lord Jesus, and you will be saved-you and your household." Then they spoke the word of the Lord to him and to all the others in his house. At that hour of the night the jailer took them and washed their wounds; then immediately he and all his family were baptized. The jailer brought them into his house and set a meal before them; he was filled with joy because he had come to believe in God-he and his whole family.

Questions

1. How did Paul exhibit “en theos”?
2. What was the effect?
3. When is it difficult to be enthusiastic?
4. What can help you be enthusiastic in touch times?
5. Why would you not be enthusiastic?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being enthusiastic?

What can you do to improve this quality?

Motivated

Definition

Inspired to do something.

Bible Verse

When they could not find a way to do this because of the crowd, they went up on the roof and lowered him on his mat through the tiles into the middle of the crowd, right in front of Jesus. Luke 5:19

Context

The motivated seek; those who seek find. It is great to do so for yourself like the leper and blind Bartimaeus, but what about those who do so for others?

Story

Luke 5:17-20

One day as he was teaching, Pharisees and teachers of the law, who had come from every village of Galilee and from Judea and Jerusalem were sitting there. And the power of the Lord was present for him to heal the sick.

Some men came carrying a paralytic on a mat and tried to take him into the house to lay him before Jesus. When they could not find a way to do this because of the crowd, they went up on the roof and lowered him on his mat through the tiles into the middle of the crowd, right in front of Jesus. When Jesus saw their faith, he said, "Friend, your sins are forgiven."

Questions

1. What motivated the men that caused them to go to the roof?
2. How are you motivated to hear Jesus?
3. To what lengths are you willing to go to hear Jesus?
4. How diligent should you be to hear Jesus?
5. What can you do "to go through the roof" to hear Jesus?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of motivated?

What can you do to improve this quality?

Compassion

Definition

A suffering with another, hence, empathy; sorrow for the distress or misfortune of another, with the desire to help.

Bible Verse

The Lord is good to everyone; his compassion rests on all he has made. Psalm 145:9

Context

This is the story of the Prodigal son. To be prodigal means to be a spend thrift, one who spends money in an extravagant and irresponsible way. The Prodigal son wasted all the resources his father had given him. Nevertheless, how did the father look at his son and treat his son?

Story

Luke 15:11-20

Jesus continued: "There was a man who had two sons. The younger one said to his father, 'Father, give me my share of the estate.' So he divided his property between them. Not long after that, the younger son got together all he had, set off for a distant country and there squandered his wealth in wild living. After he had spent everything, there was a severe famine in that whole country, and he began to be in need. So he went and hired himself out to a citizen of that country, who sent him to his fields to feed pigs. He longed to fill his stomach with the pods that the pigs were eating, but no one gave him anything. When he came to his senses, he said, 'How many of my father's hired men have food to spare, and here I am starving to death! I will set out and go back to my father and say to him: Father, I have sinned against heaven and against you. I am no longer worthy to be called your son; make me like one of your hired men.' So he got up and went to his father. "But while he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son, threw his arms around him and kissed him."

Questions

1. The father showed compassion. Why?
2. Why did the son doubt the father's compassion?
3. What does the story say to you about being compassionate to all, even the undeserving?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of having compassion?

What can you do to improve this quality?

Confident

Definition

Confidence is a combination of a positive self-respect and adequate preparation.

Bible Verse

This is the confidence we have before Him: If we ask anything according to His will, He hears us. 1 John 5:14

Context

When Moses anointed Joshua to be the commander of the Lord's armies Moses told Joshua to be strong and very courageous. Joshua had previously been the commander when Israel fought various enemies, but now, Moses was leaving the scene, and Joshua was leading the charge to conquer the Promised Land.

Story

Joshua 6:2-7, 15-17

Then the Lord said to Joshua, "See, I have delivered Jericho into your hands, along with its king and its fighting men. March around the city once with all the armed men. Do this for six days. Have seven priests carry trumpets of rams' horns in front of the ark. On the seventh day, march around the city seven times, with the priests blowing the trumpets. When you hear them sound a long blast on the trumpets, have all the people give a loud shout; then the wall of the city will collapse and the people will go up, every man straight in."

So Joshua son of Nun called the priests and said to them, "Take up the ark of the covenant of the Lord and have seven priests carry trumpets in front of it." And he ordered the people, "Advance! March around the city, with the armed guard going ahead of the ark of the Lord." On the seventh day, they got up at daybreak and marched around the city seven times in the manner, except that on that day they circled the city seven times. The seventh time around, when the priests sounded the trumpet blast, Joshua commanded the people, "Shout! For the Lord has given you the city! The city and all that is in it are to be devoted to the Lord."

Questions

1. How was Jericho defeated?
2. How can you identify with this unique battle plan?
3. Why was Joshua confident in the plan?
4. Are you open to God's plan for you?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being confident?

What can you do to improve this quality?

Decisive

Definition

Having the power or quality of deciding

Bible Verse

But if serving the Lord seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your forefathers served beyond the River, or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the Lord." Joshua 24:15

Context

Paul is saying that in Jesus Christ we have been liberated from the thing that control us, we now have the capacity to make our own decisions, but the decisions we make will have consequences, both good and bad.

Story

Galatians 6:6-10

"Anyone who receives instruction in the word must share all good things with his instructor. Do not be deceived: God cannot be mocked. A man reaps what he sows. The one who sows to please his sinful nature, from that nature will reap destruction; the one who sows to please the Spirit, from the Spirit will reap eternal life. Let us not become weary in going good, for at the proper time we will reap a harvest if we do not give up.

Questions

1. How do people mock God?
2. What do you sow?
3. What do you reap?
4. What do you have to change to reap the good?
5. What is the difference between the flesh and the spirit?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being decisive?

What can you do to improve this quality?

Success

Definition

The more you aim at it and make it a target, the more you are going to miss it. For success, like happiness cannot be pursued, it must ensue. And it only does so as the unintended side effect of one's personal dedication to a cause greater than oneself. Man's Search for Meaning Viktor Frankl

Bible Verse

"The one who understands a matter finds success, and the one who trusts in the Lord will be happy. Proverbs 16:20

Context

Gideon was one of the major heroes in the Old Testament. God called him to deliver Israel from their bondage to the Midianites. When Gideon called out the people of Israel to wage war against the Midianites, 32,000 responded, but God said, that was too many, and if they would claim success for themselves if they won the battle. God wanted them to know who really gave them success.

Bible Story

Judges 7:17-24

"Watch me," he told them. "Follow my lead. When I get to the edge of the camp, do exactly as I do. When I and all who are with me blow our trumpets, then from all around the camp blow yours and shout, 'For the Lord and for Gideon.'"

Gideon and the hundred men with him reached the edge of the camp at the beginning of the middle watch, just after they had changed the guard. They blew their trumpets and broke the jars that were in their hands. The three companies blew the trumpets and smashed the jars. Grasping the torches in their left hands and holding in their right hands the trumpets they were to blow, they shouted, "A sword for the Lord and for Gideon!" While each man held his position around the camp, all the Midianites ran, crying out as they fled. When the three hundred trumpets sounded, the Lord caused the men throughout the camp to turn on each other with their swords. The army fled to Beth Shittah toward Zererah as far as the border of Abel Meholah near Tabbath. Israelites from Naphtali, Asher and all Manasseh were called out, and they pursued the Midianites.

Gideon sent messengers throughout the hill country of Ephraim, saying, "Come down against the Midianites and seize the waters of the Jordan ahead of them as far as Beth Barah." So all the men of Ephraim were called out and they took the waters of the Jordan as far as Beth Barah.

Questions

1. Explain Gideon's plan.
2. What was his first command?
3. Why is that important?

4. Gideon's success was not based on numbers or strength but on what?

5. If God leads you, what are you assured of?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of success?

What can you do to improve this quality?

Leadership

Definition

Ability to get others to perform.

Bible Verse

When I heard these things, I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven. Nehemiah 1:4

Context

God's people, the Israelites, had been in Babylonian captivity for about 70 years. In about 516 BC, about 15 years after Ezra had revitalized the peoples relationship with God, the physical condition of the nation was still miserable. God asked Nehemiah of lead HIS people, to help them restore Jerusalem, the City of God, and the Capitol of Israel.

Story

Nehemiah 1:1-4

The words of Nehemiah son of Hacaliah: In the month of Kislev in the twentieth year, while I was in the citadel of Susa, Hanani, one of my brothers, came from Judah with some other men, and I questioned them about the Jewish remnant that survived the exile, and also about Jerusalem. They said to me, "Those who survived the exile and are back in the province are in great trouble and disgrace. The wall of Jerusalem is broken down, and its gates have been burned with fire. When I heard these things, I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven.

Questions

Four marks of a competent leader:

Explain what each means to you being a leader.

1. A leader has clear recognition of the needs of those he leads.
2. A leader has passion for the needs of those he leads.
3. A leader goes first to God with the need.
4. A leader is available to meet the need himself.

(from Hand Me Another Brick by Charles Swindoll)

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of having "leadership"?

What can you do to improve this quality?

Knowledgeable

Definition

Intelligent and well-informed

Bible Verse

*There is gold and a multitude of jewels, but knowledgeable lips are a rare treasure.
Proverbs 20:15*

Context

While yet a young man, in the midst of great turmoil and conflict, Solomon, one of David's younger sons, was anointed King of Israel. The following event took place shortly after he became king.

Story

1 Kings 3:7-14

"Now, O Lord my God, you have made your servant king in place of my father David. But I am only a little child and do not know how to carry out my duties. Your servant is here among the people you have chosen, a great people, too numerous to count or number. So give your servant a discerning heart to govern your people and to distinguish between right and wrong. For who is able to govern this great people of yours?"

The Lord was pleased that Solomon had asked this. So God said to him, "Since you have asked for this and not for long life or wealth for yourself, nor have asked for the death of your enemies but for discernment in administering justice, I will do what you have asked. I will give you a wise and discerning heart, so that there will never have been anyone like you, not will there ever be. Moreover, I will give you what you have not asked for—both riches and honor—so that in your lifetime you will have no equal among kings. And if you walk in my ways and obey my statutes and commands as David your father did, I will give you a long life."

Questions

1. What did Solomon ask for?
2. Why do you think he asked for that?
3. What was God's response?
4. How did Solomon use the knowledge (wisdom) that he was given?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being "knowledgeable"?

What can you do to improve this quality?

Conscientious

Definition

Paying attention to detail as you do what is right.

Bible Verse

Do your best to present yourself to God as one approved, a workman who does not need to be ashamed and who correctly handles the word of truth. 2 Timothy 2:15

Context

This story about Cain and Able shortly after their parents, Adam and Eve, were cast out of the Garden of Eden for disobeying God by eating the forbidden fruit of the tree of the knowledge of Good and Evil

Story

Genesis 4:2-12

Later she gave birth to his brother Abel. Now Abel kept flocks, and Cain worked the soil. In the course of time Cain brought some of the fruits of the soil as an offering to the Lord. But Abel brought fat portions from some of the firstborn of his flock. The Lord looked with favor on Abel and his offering, but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast. Then the Lord said to Cain, "Why are you angry? Why is your face downcast? If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door, it desires to have you, but you must master it." Now Cain said to his brother Abel, "Let's go out to the field." And while they were in the field, Cain attacked his brother Abel and killed him.

Then the Lord said to Cain, "Where is your brother Abel?" "I don't know," he replied. "Am I my brother's keeper?" The Lord said, "What have you done? Listen! Your brother's blood cries out to me from the ground. Now you are under a curse and driven from the ground, which opened its mouth to receive your brother's blood from your hand. When you work the ground, it will no longer yield its crops for you. You will be a restless wanderer on the earth."

Questions

1. Having the quality of conscientiousness caused God to be pleased with the offering of Abel and not of Cain. Why?
2. How did Cain react?
3. How can we become conscientious?
4. If you are conscientious, how will people respond to you?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of being "conscientious"?

What can you do to improve this quality?

Integrity

Definition

What you are and do when no one is watching.

Bible Verse

*A righteous person acts with integrity; his children who come after him will be happy.
Proverbs 20:7*

Context

Joseph was betrothed to Mary, who would become the mother of Jesus. In the ancient world being betrothed was like being married in our time. You had to get a divorce to end the relationship. Mary was pregnant and Joseph was not the father.

Story

Matthew 1:18-25

This is how the birth of Jesus Christ came about: His mother Mary was pledged to be married to Joseph, but before they came together, she was found to be with child through the Holy Spirit. Because Joseph her husband was a righteous man and did not want to expose her to public disgrace, he had in mind to divorce her quietly. But after he had considered this, an angel of the Lord appeared to him in a dream and said, "Joseph son of David, do not be afraid to take Mary home as your wife, because what is conceived in her is from the Holy Spirit. She will give birth to a son, and you are to give him the name Jesus, because he will save his people from their sins."

All this took place to fulfill what the Lord had said through the prophet:

"The virgin will be with child and will give birth to a son,
and they will call him Immanuel" which means, "God with Us."

When Joseph woke up, he did what the angel of the Lord had commanded him and took Mary home as his wife. But he had no union with her until she gave birth to a son. And he gave him the name Jesus.

Questions

1. How did Joseph display integrity?
2. How do you think his friends reacted to the news?
3. What caused Joseph to change?
4. Do you think Joseph explained the reasons for his change of heart? Why or why not?

On a scale of 1-10, with 1 being the lowest and 10 being the highest, where do you rank yourself according to the definition of having "integrity"?

What can you do to improve this quality?

Supplemental Pages

Purpose Driven

Quotes

God has a ministry in the church and in the world for you to fulfill. Pastor Rick Warren

Trust the Lord is faithful to fulfill your dream. Pastor Rick Warren

The most important thing is that I complete my mission, the work of the Lord Jesus gave me - to tell the people of the Good News about God's grace. Acts 20:24 (NCV)

Modeling - Walk the talk

Do It! One way I can show that I understand the quality this week

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

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Good job



Needs some work

Weekly Gratuities:

Why write gratitudes?

The benefits are many. You will develop socially by becoming more likable, show more empathy, become a better communicator, and develop interpersonal relationships.

Physically; you will develop a stronger immune system, lower blood pressure and sleep better. Psychologically you become more positive and become more aware and alert.

Recommendations and Suggestions:

Habits are formed over a period of days and weeks. We recommend you write them daily. We also suggest that you write them just before bedtime. Review your day and only think of positive thing; memories, acts of kindness, reflections, and small things that bring you joy and peace, happy sites and smells.

Write a minimum of one per day

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

My Weekly Goals:

Spiritual / Personal/or School: Plan of action:

Did you meet or accomplish? What did you learn?

If you did not meet you goal , what can you do differently next week to have success.

“Important to inspect your work.”

Memorize a verse related to the quality:

Memorize: Verse: 1 Timothy 1:5

Commit to the Lord whatever you do, and he will establish your plans. Proverbs 16:3

_____ **Yes... I know this verse by heart**

_____ **My accountability partner is_____**

Commitment

Quotes / Bible Verses

Commit to the Lord whatever you do, and he will establish your plans. Proverbs 16:3

Let us not be weary in doing good, for at the proper time we will reap a harvest if we do not give up. Galations 6:9

Commit your way to the Lord, trust him, and he will act. Psalm 37:5

Modeling - Walk the talk

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Selfless

Quotes / Bible Verses

Instead of being motivated by selfish ambition and vanity, each should, in humility, be moved to treat one another as more important than yourself. Each should be concerned not only about your interests, but about interests of others as well Phillipians 2:3-4

Giving help to the poor is like loaning money to the Lord. He will pay you back for your kindness. Proverbs 19: 17

"You don't need a reason to help people." Anonymous

Modeling - Walk the talk

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_____ Yes... I know this verse by heart

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Responsibility

Quotes / Bible Verses

“But let each one test his own work, and then his reason to boast will be himself alone and not in his neighbor. For each will have to bear his own load.” Galatians 6: 4-5

“Whatever you do, work heartily, as for the Lord and not for men.” Colossians 3: 23

“The time is always right to do what is right.” Dr. Martin Luther King Jr.

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

Memorize: Verse: Phillippians 4: 13

“I can do all things through Him who strengthens me.”

_____ **Yes... I know this verse by heart**

_____ **My accountability partner is _____**

Humility

Quotes / Bible Verses

“Humble yourselves. Then, under God’s mighty hand, so that he will lift you up in his own good time. Leave all your worries with him because he cares for you” 1 Peter 5: 6-7

“Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves” Phillipians 3: 2

“Never look down on anybody unless you’re helping them up” Jesse Jackson

Modeling - Walk the talk

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Memorize a verse related to the quality:

Memorize: Verse: James 4: 10

“Humble yourself before the Lord, and he will exalt you.”

_____ **Yes... I know this verse by heart**

_____ **My accountability partner is_____**

Hardworking

Quotes / Bible Verses

“Trust in the Lord with all your heart and lean not on you own understanding; in all your work submit to him, and he will make your paths straight.” Proverbs 3: 5-6

“Whatever you do, work at it with all your heart, as working for the Lord, not human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.” Colossians 3: 23-24

“I can do all things through him who strengthens me.” Philippians 4:13

Modeling - Walk the talk

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Memorize a verse related to the quality:

“Commit your work to he Lord, and your plans will be established.” Proverbs 16:3

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Positive Mental Attitude

Quotes / Bible Verses:

"Bright eyes gladden the heart: Good news puts fat on the bones." Proverbs 15: 30

"Finally, brothers and sisters, whatever is noble, whatever is right, whatever is pure, whatever is lovely, what ever is admirable - if anything is excellent or praiseworthy - think about such things." Phillippians 4: 8

Having a positive mental attitude is asking how something can be done rather than saying it can't be done. Robert Foster Bennett

Modeling - Walk the talk

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Memorize a verse related to the quality:

“Commit your work to he Lord, and your plans will be established.” Proverbs 16:3

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Self Respect

Quotes / Bible Verses

"For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church." Ephesians 5:29

"For everything created by God is good, and nothing is to be rejected if it is received with gratitude." 1 Timothy 4:4

Self-respect, self-worth, and self-love all starts with self. Stop looking outside yourself for your value. Rob Liano

Modeling - Walk the talk

Do It! One way I can show that I understand the quality this week

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Spiritual / Personal/or School: Plan of action:

Did you meet or accomplish? What did you learn?

If you did not meet you goal , what can you do differently next week to have success.

“Important to inspect your work.”

Memorize a verse related to the quality:

“But blessed is the one who trusts in the Lord, whose confidence is in him.” *Jeremiah*
17: 7

Our job is to do our best and trust the Lord will work through that.

_____ **Yes... I know this verse by heart**

_____ **My accountability partner is_____**

Disciplined

Quotes / Bible Verses

"For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline." 2 Timothy 1:7

I can do all things through him who gives me strength. Philippians 4: 13

Self-disciplined is the ability to make yourself do what you should do, when you should do it, whether you feel like it or not. Elbert Hubbard

Modeling - Walk the talk

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Good job



Needs some work

Weekly Gratitudes:

Habits are formed over a period of days and weeks. We recommend you write them daily. We also suggest that you write them just before bedtime. Review your day and only think of positive thing; memories, acts of kindness, reflections, and small things that bring you joy and peace, happy sites and smells.

- 1.
- 2.
- 3.

My Weekly Goals:

Spiritual / Personal/or School: Plan of action:

Did you meet or accomplish? What did you learn?

If you did not meet you goal , what can you do differently next week to have success.

“Important to inspect your work.”

Memorize a verse related to the quality:

“Have I not commanded you? Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.” Joshua 1: 9

_____ **Yes... I know this verse by heart**

_____ **My accountability partner is _____**

Dedicated

Quotes / Bible Verses

Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward.
Colossians 3: 23-24

But for you, be strong and do not give up, for your work will be rewarded. 2 Chronicles 15:7

*We all have dreams. But in order to make them a reality it takes an awful lot of determination, **dedication**, self discipline and effort.* Jesse Owens

Modeling - Walk the talk

Do It! One way I can show that I understand the quality this week

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

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My Weekly Goals:

Spiritual / Personal/or School: Plan of action:

Did you meet or accomplish? What did you learn?

If you did not meet you goal , what can you do differently next week to have success.

“Important to inspect your work.”

Memorize a verse related to the quality:

“What ever you do, work heartily, as for the Lord not men.” Colossians 3:23

_____ Yes... I know this verse by heart

_____ My accountability partner is _____

Dependable

Quotes / Bible Verses

If a man vows a vow to the Lord, or swears an oath to bind himself by a pledge, he shall not break his word. He shall do according to all that proceeds out of his mouth. Numbers 30: 2

Above all my brothers; do not swear- not on heaven or earth or by anything else. Let your "YES" be yes, and your "NO" no, or be condemned. James 5: 12

Meaning: "My word is my bond." It is so simple. If you say you are going to do something, do it. If you start something, finish it. Epictitus

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

*“Now it is requires that those who have been given trust must prove faithful.” 1
Corinthians: 4:2*

_____ Yes... I know this verse by heart

_____ My accountability partner is _____

Persistent

Quotes / Bible Verses

And let us not grow weary of doing good, for in due season we will reap, if we do not give up. Galations 6:9

Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything. James 1: 2-4

Keep Grinding! Stay persistent! One day you will wake up and be exactly where you dreamed you would be. Eric Thomas

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

“Perseverance, character; and character, hope.”

Romans 5: 4

_____ Yes... I know this verse by heart

_____ My accountability partner is _____

Learner

Quotes / Bible Verses

Intro: Learning is a lifelong journey of growth, discovery, and gaining wisdom. The Bible encourages us to seek knowledge, understanding, and be teachable to learn the truth.

Give instruction to a wise man, and he will be wiser; teach a righteous man, and he will increase in learning. Proverbs 9:9

Walk with the wise and become wise, for a companion of fools suffer harm. Proverbs: 13:20

Develop a passion for learning. If you do, you will never cease to grow. Anthony J D'Angelo

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

“Blessed are those who find wisdom, those who gain understanding.” Proverbs 3:13

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Tolerance

Quotes / Bible Verses

Behold, how good and pleasant it is when brothers dwell in unity. Psalm 133:1

There is nothing Jew or Greek, there is nothing slave or free, there is no male and female, for you are all one in Christ. Galations 3: 28

Do nothing from rivalry or conceit, but in humility count others more important than yourselves. Let each of you look not only for his own interests, but also to the interests of others. Phillippians 2: 1-8

Tolerance isn't about not having beliefs. It's about how your beliefs lead you to treat others who disagree with you. Timothy Keller

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

“Judge not, that you be judged” Matthew 7: 1

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Loving

Quotes / Bible Verses

*So now faith, hope, and love abide these three; but the greatest of these is love. 1
Corinthians 13: 13*

*A new commandment I give you, that you love one another: just as I loved you, you also
are to love one another. By this all people will know that you are my disciples, if you have
love for one another. John 13: 34-35*

*Let us always meet each other with a smile, for the smile is the beginning of love.
Mother Teresa*

Modeling - Walk the talk

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Memorize a verse related to the quality:

Let all you do be done in love. 1 Corinthians 16:14

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Common Sense

Quotes / Bible Verses

A person with good sense, not only benefits themselves, but they are also a refreshing help to others. Proverbs 16: 22

My child don't lose sight of common sense and discernment. Proverbs 3: 21

The words of the godly encourage many, but fools are destroyed by their lack of common sense. Proverbs 10:21

God expects His people to use both faith and wisdom--maybe we could say common sense. bibletools.com

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

He grants a treasure of common sense to the honest. Proverbs 2:7

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Communicator

Quotes / Bible Verses

Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person. Colossians 4: 6

Know this, my beloved brothers; let every person be quick to hear, slow to speak, slow to anger. James 1: 19

A fool takes no pleasure in understanding, but only in expressing his opinion. Proverbs: 18 2

Communication - the human connection - is the key to personal and career success. Paul J Meyer

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

A soft answer turns away wrath, but a harsh word stirs up anger. Proverbs 15:1

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Gratitude

Quotes / Bible Verses

This is the day that the Lord made, let us rejoice and be glad in it. Psalm 118: 24

And let peace of Christ rule in your hearts, in which indeed you were called in one body. And be thankful. Colossians 3: 15

For everything God created is good, and nothing is to be rejected if it is received with thanksgiving. 1 Timothy 4: 4

It's a funny thing about life, once you begin to take notice of the things you are grateful for, you begin to lose sight of things that you lack. Germany Kent

Modeling - Walk the talk

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Weekly Gratuities:

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“Important to inspect your work.”

Memorize a verse related to the quality:

Give thanks to the Lord, for he is good. His love endures forever.. Psalms 136: 1

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Honesty

Quotes / Bible Verses

The Lord detest lying lips, but he delights in those who tell the truth. Proverbs 12:20

You must not testify falsely against your neighbor. As believers, we are truthful and honest in all situations with people. Exodus 20:16

Honesty guides good people, dishonesty destroys treacherous people. Proverbs 11:3

Regarding Honesty...if you tell the truth, you don't have to have a good memory. Dennis Parker

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

Better to be poor and honest than dishonest and a fool.. Proverbs 12: 22

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Faith

Quotes / Bible Verses

Now faith is the assurance of things hoped for, the conviction of things not seen. Hebrews 11: 1

And without faith it is impossible to please Him, for he who comes to God must believe that He is and He is a rewarder of those who seek Him. Hebrews 11:6

Jesus said to him, If you can believe? All things are possible for one who believes. Mark 9: 23

Faith and prayer are vitamins for the soul; man cannot live in good health without them. Mahalia Jackson

Modeling - Walk the talk

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Memorize a verse related to the quality:

For nothing will be impossible with God.. Luke 1: 37

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Friendliness

Quotes / Bible Verses

Be kind and compassionate to one another, forgiving each other, just as in Christ Jesus forgave you. Ephesians 4:32

Therefore encourage one another and build one another up, just as you are doing. 1 Thessalonians 5: 11

One who has unreliable friends soon comes to ruin, but there is a friend who sticks closer than a brother. Proverbs 18: 24

Don't wait for people to be friendly, show them how. Anonymous

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

Do unto others as you would have them do to you. Luke 6:31

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Good Listener

Quotes / Bible Verses

This you know my beloved brethren, but everyone must be quick to hear, slow to speak, slow to anger. James 1: 19

This is the confidence we have in approaching God: that if we ask, anything according to his will, he will hear us. 1 John 5: 14

Everyone then who hears these words of mine and does them will be like a wise man who build his house on the rock. Matthew 7: 24

Most of the successful people I've known are the ones who do more listening than talking. Bernard Baruch

Modeling - Walk the talk

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Memorize a verse related to the quality:

But he said, “Blessed rather are those who hear the word of God and keep it.” Luke 11:28

_____ Yes... I know this verse by heart

_____ My accountability partner is _____

Humor

Quotes / Bible Verses

A time to weep, and a time to laugh, a time to mourn and a time to dance.
Ecclesiastes: 3: 4

Sarah said, "God has brought me laughter, and everyone who hears about it will laugh with me." *Genesis 21: 6*

All the days of the oppressed are wretched, but the cheerful heart is a continual feast.
Proverbs 15: 15

Humor is mankind's great blessing. *Mark Twain*

Modeling - Walk the talk

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Memorize a verse related to the quality:

He will fill your mouth with laughter and your lips with shouts of joy.

Job 8:21

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Loyalty

Quotes / Bible Verses

Remind the people to be subject to rulers and authorities, to be obedient, and be ready to do whatever is good. Titus 3: 1

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. John 3: 16

The one who keeps God's commands lives in him, and he in them. And this is how we know he lives in us: We know it by the spirit he gave us. 1 John 3- 24

There is nothing I would not do for those who are really my friends. Jane Austen

Modeling - Walk the talk

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Memorize a verse related to the quality:

Greater love has no one than this: to lay one's life for one's friend. John 15: 13

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Organized

Quotes / Bible Verses

But all things should be done properly and in an orderly manner. 1 Corinthians 14: 40

*And the Lord said: "Write the vision; make it plain on tablets, so he may run who reads it."
Habakkuk 2: 2*

Know well the condition of your flocks, and give attention to your herds. Proverbs 27: 23

Organizing is something you do before you do something, so when you do it, it is not all mixed up. A. A. Milner

Modeling - Walk the talk

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Memorize a verse related to the quality:

The ants are not strong people, but they prepare food for the summer. Proverbs 30:25

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Patient

Quotes / Bible Verses

Whoever is patient has great understanding, but one who is quick-tempered displays folly.
Proverbs 14: 29

But if we hope for what we do not yet have, we wait for it patiently. Romans 8: 25

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Galatians 6: 9

Patience is not simply the ability to wait, it's how we behave while waiting. Mary Pierce

Modeling - Walk the talk

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Memorize a verse related to the quality:

In the morning, Lord, you hear my voice, in the morning I lay my requests before you and wait expectantly. Psalm 5:3

_____ Yes... I know this verse by heart

_____ My accountability partner is _____

Enthusiastic

Quotes / Bible Verses

Work with enthusiasm, as though you were working for the Lord rather than for people.
Ephesians 6: 7

Do not be slothful in zeal, be fervent in spirit, serve the Lord. *Romans 12: 11*

And ye shall seek me, and find me, when he shall search for me with all you heart.
Jerimiah 29:13

An enthusiastic heart finds opportunity everywhere. *Paul Coelho*

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

Thou shalt love the Lord you God with all your heart, with all you soul, and with all thy might. Deuteronomy 6:5

_____ Yes... I know this verse by heart

_____ My accountability partner is _____

Motivated

Quotes / Bible Verses

But Jesus looked at them and said, "With man this is impossible, but with God all things are possible." Matthew 19: 26

I can do all things through him who strengthens me. Philippians 4: 13

Fear not, for I am with you; be not dismayed, for I am God; I will strengthen you, I will help you, I will uphold you with my righteous right hand. Isaiah 41: 10

Believe in yourself. You are braver than you think, more talented than you know, and capable of more than you can imagine. Roy T. Bennett

Modeling - Walk the talk

Do It! One way I can show that I understand the quality this week

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

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Good job



Needs some work

Weekly Gratitudes:

Habits are formed over a period of days and weeks. We recommend you write them daily. We also suggest that you write them just before bedtime. Review your day and only think of positive thing; memories, acts of kindness, reflections, and small things that bring you joy and peace, happy sites and smells.

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My Weekly Goals

Spiritual / Personal/or School: Plan of action:

Did you meet or accomplish? What did you learn?

If you did not meet you goal , what can you do differently next week to have success.

“Important to inspect your work.”

Memorize a verse related to the quality:

Seek the Lord and his strength; seek his presence continually. 1 Chronicles 16:11

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Compassion

Quotes / Bible Verses

Be kind and compassionate to one another, forgiving each other, just as Christ forgave you. Ephesians 4: 32

Whoever is generous to the poor lends to the Lord, and he will repay him for his deed. Proverbs 19: 17

Therefore as God's chosen people, holy and dearly loved, clothe yourself with compassion, kindness, humility gentleness and patience. Colossians 3: 12

The purpose of life is to serve, and to show compassion and the will to help others. Albert Schweitzer

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

*A new commandment I give to you, that you are to love one another just as I loved you.
John 13:34*

_____ Yes... I know this verse by heart

_____ My accountability partner is _____

Confident

Quotes / Bible Verses

For the Spirit of God gave us does not make us timid, but gives us power, love and self-discipline. 2 Timothy 1: 7

So do not throw away your confidence; it will be richly rewarded. Hebrews 10: 35

Let us then with confidence draw near to God's throne. So that we may receive mercy and find grace to help us in a time of need. Hebrews 4: 16

Optimism is faith that leads to achievement. Nothing can be done without hope and confidence. Helen Keller

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

The Lord is my helper, I will not be afraid. Hebrews 13: 6

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Decisive

Quotes / Bible Verses

Trust in the Lord with all your heart, do not lean on your own understanding. In all your ways submit to him, and he will make your paths straight. Proverbs 3: 5-6

So do not throw away your confidence; it will be richly rewarded. Hebrews 10: 35

To answer before listening - that is folly and shame. Proverbs 18: 13

*You can't make decisions based on fear and the possibility of what might happen.
Michelle Obama*

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

Show me your ways, Lord, teach me your paths. Psalm 25: 4

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Success

Quotes / Bible Verses

Commit your work to the Lord, and your plans will be established. Proverbs 16: 3

I can do all things through him who strengthens me. Philippians 4: 13

And we know that for those who love God all things work together for good, for those who are called to his purpose. Romans 8: 28

Success is a peace of mind which is a direct result of self-satisfaction in knowing you did you best to become the best you are capable. John Wooden

Modeling - Walk the talk

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Memorize a verse related to the quality:

Take delight in the Lord, and he will give you the desires of your heart. Psalm 37:4

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Leadership

Quotes / Bible Verses

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of others.
Philippians 2: 3-4

In everything set them an example by doing good. In your teaching show integrity, seriousness and soundness of speech that can not be condemned. Titus 2: 7

So fear not, for I am with you, do not be dismayed, for I am your God. I will strengthen you and help you. Isaiah 41: 10

When your values are clear to you, making decisions becomes easier. Roy Disney

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

Humble yourselves before the Lord, and he will exalt you. James 4: 10

_____ Yes... I know this verse by heart

_____ My accountability partner is_____

Knowledgeable

Quotes / Bible Verses

*For the Lord gives wisdom; from his mouth comes knowledge and understanding.
Proverbs 2: 6*

*Know also that wisdom is like honey for you: If you find it, there is future hope for you,
and your hope will not be cut off. Proverbs 24: 14*

*An intelligent heart acquires knowledge, and the ear of the wise seeks knowledge.
Proverbs 18: 15*

*To acquire knowledge, one must study, but to acquire wisdom one must observe.
Marilyn vos Savant*

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

*A wise man is full of strength, and a man of knowledge enhances his might. Proverbs
24: 5*

_____ **Yes... I know this verse by heart**

_____ **My accountability partner is _____**

Conscientious

Quotes / Bible Verses

Pray for us, for we are confident that we have a clear conscience, wishing to act rightly in every respect. Hebrews 13: 18

I always strive to keep my conscience clear before God and man. Acts 24: 16

Keep your conscience clear, so that, whenever you are defamed, those who libel your way of life in Christ may be shamed. 1 Peter 3: 16

A clear conscience is a good pillow.. Proverb

Modeling - Walk the talk

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“Important to inspect your work.”

Memorize a verse related to the quality:

If your conscience has nothing to charge us with, we can be sure God is with us. 1
John 3: 21

_____ **Yes... I know this verse by heart**

_____ **My accountability partner is _____**

Integrity

Quotes / Bible Verses

The Lord detests lying lips, but he delights in people who are trustworthy. Proverbs 12: 22

For we are taking pains to do what is right, not only in the eyes of the Lord but also in the eyes of man. 2 Corinthians 8: 21

The righteousness guards the person of integrity, but wickedness overthrows the sinner. Proverbs 13: 6

Have the courage to say no. Have the courage to face the truth. Do the right thing because it is right. These are the magic keys to living a life of integrity. W. Clement Stone

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“Important to inspect your work.”

Memorize a verse related to the quality:

*May integrity and uprightness protect me, because my hope, Lord, is in you.. Psalm
25: 21*

_____ Yes... I know this verse by heart

_____ My accountability partner is _____